

HARVEST SLIM ROAST COFFEE

Energy and Weight loss formula



High quality organic fair trade soluble coffee

Our coffee is made with the finest coffee by first brewing the roasted beans then removing the water through a spray drying process that preserves the beneficial qualities and taste.

By having the coffee in a concentrated dried form allows for adding additional healthy ingredients to create a unique coffee beverage blend. By having the ingredients in a liquid form make them very bioavailable and easy to assimilate. Listed below are the additional ingredients added to our soluble coffee which makes it so effective.



Griffonia Seed

5-HTP

5-Hydroxytryptophan (5-HTP) is an amino acid that is extracted from the seeds of the Griffonia plant and has been shown to increase the brains serotonin level which increases one sense of well being. There is a large amount of evidence that suggests that low serotonin levels are a common consequence of modern living. The lifestyle and dietary practices of many people living in this stress-filled era results in lowered levels of serotonin within the brain. As a result, many people are overweight, crave sugar and other carbohydrates, experience bouts of depression, get frequent headaches, and have vague muscle aches and pain. These maladies are helped by raising brain serotonin levels the primary usage for 5-HTP.



Garcinia Cambogia

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Garcinia cambogia the peel of the Garcinia gummi-gutta fruit. They contain high amounts of HCA, which is linked to weight loss benefits. The active ingredient in the fruit's rind, hydroxycitric acid, or HCA, appears to block an enzyme called citrate lyase, which your body uses to make fat. It also raises levels of the brain chemical serotonin, which may make you feel less hungry.



Siberian Ginseng

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Siberian ginseng, also known as eleuthero or eleutherococcus, has been used for centuries in its native areas of Asia and Russia. Siberian ginseng grows in the mountain forests of these areas of the world. It is an adaptogen, which means that when it is ingested, it helps the body to increase its resistance to stress. Siberian ginseng has been known for aiding your immune system, helping your mental performance and mental health and increasing your energy, vitality and longevity. Siberian ginseng has also been shown to lower blood sugar, which is one of the first steps to weight loss.



Green Coffee Beans

Green Coffee Extract

Rich in polyphenols and chlorogenic acid, green coffee contains over 1,000 different natural compounds that favorably interact within cells. Green coffee is considered a powerful antioxidant and may possibly help drive down chronic inflammation. It contains naturally occurring caffeine which helps to enhance physical performance, improve mood, mental functioning and attention. It has also been linked to weight loss and appetite control.

Also abundant in phytochemicals including Polysaccharides, Lignins, Pectin, Trigonelline, Diterpenes, Acids and esters, Chlorogenic acids, Aliphatic acids & Quinic acid. Phytochemicals and the compounds that form from them seem to act in a variety of ways to protect health. The coffee fruit are called berries that contain the seeds that are the coffee beans.

Coffee cautions

It is useful to note that some people have sensitivities to coffee and caffeine that can negatively affect sleep patterns, blood pressure, and irregular heartbeats, and there are indications that pregnant woman should avoid caffeinated coffee.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease. All information presented here is not meant as a substitute for or alternative to information from healthcare practitioners. Please consult your healthcare professional about potential interactions or other possible complications before using any product.